

Wendover Health Centre Timetable 2026: Forever Cycling and Seated exercise

Location: Wendover Health Centre, Aylesbury Rd, Wendover HP22 6LD

Date and Time	Session
Wednesday 7th January 1:15-2:15 pm	Forever Cycling
Wednesday 14th January 1:15-2:15 pm	Seated Exercise
Wednesday 21st January 1:15-2:15 pm	Forever Cycling
Wednesday 28th January 1:15-2:15 pm	Seated Exercise
Wednesday 4th February 1:15-2:15 pm	Forever Cycling
Wednesday 11th February No session - surgery closed	Seated Exercise
Wednesday 18th February 1:15-2:15 pm	Seated Exercise
Wednesday 25th February 1:15-2:15 pm	Seated Exercise