

Aston Clinton Baptist Church Timetable 2026: Forever Cycling and Seated exercise

Location: Aston Clinton Baptist Church, Aston Clinton, HP22 5EX

Date	Session
Monday 5th January 2 - 3pm	Seated Exercise
Monday 12th January 2 - 3pm	Forever Cycling
Monday 19th January 2 - 3pm	Seated Exercise
Monday 26th January 2 - 3pm	Forever Cycling
Monday 2nd February 2 - 3pm	Seated Exercise
Monday 9th February 2 - 3pm	Forever Cycling
Monday 16th February 2 - 3pm (<i>last session</i>)	Seated Exercise

Monday 16th February 2026 will be our last session at Aston Clinton Baptist Church. However, we will continue to run weekly seated exercise classes in Weston Turville, Wendover & Stoke Mandeville.

Please get in touch if you have any questions via the details below.

For further information please contact Amelia Evans: amelia.evans@aitc.org.uk / 07399 748803
<https://www.activeinthecommunity.org.uk/over-50s/>