

Aston Clinton Baptist Church Timetable 2025: Forever Cycling and Seated exercise

Location: Aston Clinton Baptist Church, Aston Clinton, HP22 5EX

Date	Session
Monday 20th October 2 - 3pm	Forever Cycling
Monday 27th October 2 - 3pm	Seated Exercise
Monday 3rd November 2 - 3pm	Forever Cycling
Monday 10th November 2 - 3pm	Seated Exercise
Monday 17th November No session running	Forever Cycling
Monday 24th November 2 - 3pm	Seated Exercise
Monday 1st December 2 - 3pm	Forever Cycling
Monday 8th December 2 - 3pm	Seated Exercise
Monday 15th December 2 - 3pm	Forever Cycling

**There will be no sessions on the 22nd & 29th December.
The first session back in 2026 will be on the 5th January.**