

Weston Turville Village Hall Timetable 2025: Forever Cycling and Seated exercise

Location: Weston Turville Village Hall, School Approach, Weston Turville,
Aylesbury HP22 5RW

Date and Time	Session
Thursday 18th September 2 - 3pm	Forever Cycling
Thursday 25th September 2 - 3pm	Seated Exercise
Thursday 2nd October 2 - 3pm	Forever Cycling
Thursday 9th October 2 - 3pm	Seated Exercise
Thursday 16th October 2 - 3pm	Forever Cycling
Thursday 23rd October 2 - 3pm	Seated Exercise
Thursday 30th October 2 - 3pm	Forever Cycling
Thursday 6th November 2 - 3pm	Seated Exercise
Thursday 13th November 2 - 3pm	Forever Cycling
Thursday 20th November 2 - 3pm	Seated Exercise

For further information please contact Amelia Evans: amelia.evans@aitc.org.uk / 07399 748803
<https://www.activeinthecommunity.org.uk/over-50s/>