

Wendover Health Centre Timetable 2025: Forever Cycling and Seated exercise

Location: Wendover Health Centre, Aylesbury Rd, Wendover HP22 6LD

Date and Time	Session
Wednesday 17th September 1:15-2:15 pm	Forever Cycling
Wednesday 24th September 1:15-2:15 pm	Seated Exercise
Wednesday 1st October 1:15-2:15 pm	Forever Cycling
Wednesday 8th October 1:15-2:15 pm	Seated Exercise
Wednesday 15th October No Session - Venue Unavailable	Forever Cycling
Wednesday 22nd October 1:15-2:15 pm	Seated Exercise
Wednesday 29th October 1:15-2:15 pm	Forever Cycling
Wednesday 5th November 1:15-2:15 pm	Seated Exercise
Wednesday 12th November 1:15-2:15 pm	Forever Cycling
Wednesday 19th November 1:15-2:15 pm	Seated Exercise