

Aston Clinton Baptist Church Timetable 2025: Forever Cycling and Seated exercise

Location: Aston Clinton Baptist Church, 52 Green End St, Aston Clinton,
Aylesbury, HP22 5EX

Date	Session
Monday 15th September 2 - 3pm	Seated Exercise
Monday 22nd September 2 - 3pm	Forever Cycling
Monday 29th September 2 - 3pm	Seated Exercise
Monday 6th October 2 - 3pm	Forever Cycling
Monday 13th October 2 - 3pm	Seated Exercise
Monday 20th October 2 - 3pm	Forever Cycling
Monday 27th October 2 - 3pm	Seated Exercise
Monday 3rd November 2 - 3pm	Forever Cycling
Monday 10th November 2 - 3pm	Seated Exercise
Monday 17th November 2 - 3pm	Forever Cycling

For further information please contact Amelia Evans: amelia.evans@aitc.org.uk / 07399 748803
<https://www.activeinthecommunity.org.uk/over-50s/>