

## **Weston Turville Village Hall Timetable 2025: Forever Cycling and Seated exercise**

Location: Weston Turville Village Hall, School Approach, Weston Turville,  
Aylesbury HP22 5RW

<b>Date and Time</b>	<b>Session</b>
<b>Thursday 10th July</b> 2 - 3pm	Forever Cycling
<b>Thursday 17th July</b> 2 - 3pm	Seated Exercise
<b>Thursday 24th July</b> 2 - 3pm	Forever Cycling
<b>Thursday 31st July</b> 2 - 3pm	Seated Exercise
<b>Thursday 7th August</b> 2 - 3pm	Forever Cycling
<b>Thursday 14th August</b> 2 - 3pm	Seated Exercise
<b>Thursday 21st August</b> No Session - Venue Unavailable	<del>Forever Cycling</del>
<b>Thursday 28th August</b> 2 - 3pm	Seated Exercise
<b>Thursday 4th September</b> 2 - 3pm	Forever Cycling
<b>Thursday 11th September</b> 2 - 3pm	Seated Exercise

For further information please contact Amelia Evans: [amelia.evans@aitc.org.uk](mailto:amelia.evans@aitc.org.uk) / 07399 748803  
<https://www.activeinthecommunity.org.uk/over-50s/>