

Wendover Health Centre Timetable 2025: Forever Cycling and Seated exercise

Location: Wendover Health Centre, Aylesbury Rd, Wendover HP22 6LD

Date and Time	Session
Wednesday 16th July 1:15-2:15 pm	Seated Exercise
Wednesday 23rd July 1:15-2:15 pm	Forever Cycling
Wednesday 30th July 1:15-2:15 pm	Seated Exercise
Wednesday 6th August 1:15-2:15 pm	Forever Cycling
Wednesday 13th August 1:15-2:15 pm	Seated Exercise
Wednesday 20th August 1:15-2:15 pm	Forever Cycling
Wednesday 27th August 1:15-2:15 pm	Seated Exercise
Wednesday 3rd September 1:15-2:15 pm	Forever Cycling
Wednesday 10th September 1:15-2:15 pm	Seated Exercise
Wednesday 17th September 1:15-2:15 pm	Forever Cycling