

Aston Clinton Baptist Church Timetable 2025: Forever Cycling and Seated exercise

Location: Aston Clinton Baptist Church, 52 Green End St, Aston Clinton,
Aylesbury, HP22 5EX

Date	Session
Monday 14th July 2 - 3pm	Forever Cycling
Monday 21st July 2 - 3pm	Seated Exercise
Monday 28th July 2 - 3pm	Forever Cycling
Monday 4th August 2 - 3pm	Seated Exercise
Monday 11th August 2 - 3pm	Forever Cycling
Monday 18th August 2 - 3pm	Seated Exercise
Monday 25th August 2 - 3pm	Forever Cycling
Monday 1st September 2 - 3pm	Seated Exercise
Monday 8th September 2 - 3pm	Forever Cycling
Monday 15th September 2 - 3pm	Seated Exercise

For further information please contact Amelia Evans: amelia.evans@aitc.org.uk / 07399 748803
<https://www.activeinthecommunity.org.uk/over-50s/>