

## Wendover Health Centre Timetable 2025: Forever Cycling and Seated exercise

Location: Wendover Health Centre, Aylesbury Rd, Wendover HP22 6LD

Date and Time	Session
Wednesday 7th May 1:15-2:15 pm	Seated Exercise
Wednesday 14th May 1:15-2:15 pm	Forever Cycling
Wednesday 21st May 1:15-2:15 pm	Seated Exercise
Wednesday 28th May 1:15-2:15 pm	Forever Cycling
Wednesday 4th June 1:15-2:15 pm	Seated Exercise
Wednesday 11th June No Session - Surgery Closed	Forever Cycling
Wednesday 18th June 1:15-2:15 pm	Seated Exercise
Wednesday 25th June 1:15-2:15 pm	Forever Cycling
Wednesday 2nd July 1:15-2:15 pm	Seated Exercise
Wednesday 9th July 1:15-2:15 pm	Forever Cycling