

Aston Clinton Baptist Church Timetable 2025: Forever Cycling and Seated exercise

Location: Aston Clinton Baptist Church, 52 Green End St, Aston Clinton,
Aylesbury, HP22 5EX

Date	Session
Monday 31st March 2 - 3pm	Seated Exercise
Monday 7th April 2 - 3pm	Forever Cycling
Monday 14th April 2 - 3pm	Seated Exercise
Monday 21st April 2 - 3pm	Forever Cycling
Monday 28th April 2 - 3pm	Seated Exercise
Monday 5th May 2 - 3pm	Forever Cycling
Monday 12th May 2 - 3pm	Seated Exercise
Monday 19th May 2 - 3pm	Forever Cycling
Monday 26th May 2 - 3pm	Seated Exercise
Monday 2nd June 2 - 3pm	Forever Cycling

For further information please contact Amelia Evans: amelia.evans@aitc.org.uk / 07399 748803
<https://www.activeinthecommunity.org.uk/over-50s/>